# OPERATION PROTECT

#### PROTECTING THE PUBLIC, PROTECTING OUR MEMBERS & PROTECTING OUR PROFESSION



Prisons are full. Probation is too.
Workloads are unmanageable.
This has to stop. Full stop.

Governments' kneejerk responses to the prison crisis is piling even more pressure on probation.

**We cannot keep absorbing the consequences.**It's time to take a stand.

#### **WHAT YOU CAN DO:**

PUT OPERATION
PROTECT ON THE
AGENDA — AT EVERY
TEAM MEETING, JCC
AND BRANCH
DISCUSSION

RAISE THE ALARM –
MAKE SURE
WORKLOADS OF
STAFF OF ALL GRADES
ARE BEING TALKED
ABOUT

WEAR YELLOW AT
WORK — ESPECIALLY
FRIDAYS. YELLOW
LANYARDS SHOW
WE'RE UNITED

UPDATE YOUR

BACKGROUND - USE

THE OPERATION

PROTECT LOGO ON

TEAMS CALLS OR JUST

GO YELLOW



Don't suffer in silence

# Racing Thoughts Feeling Lonely Chest pain Avoiding Places Avoiding Places Stational Chest pain Stational Chest pai

## RECORDIT

### ON SPHERA

However small you think it is.





For more information and guidance on dealing with work related stress, visit Napo's Health and Safety page www.napo.org.uk/health-safety