



TOP TIPS FOR MARCHING

We want to make sure members attending the march are able to make the most of the day, so here are our top ten tips to ensure that you have a top day out. Don't forget to tag us on Twitter at @NapoNews and use the hashtags #NewDealForFamilyCourts #NewDealForProbation #NewDeal.

- 1. Bring a packed lunch and make sure you have a bottle of water with you.** It may not be possible to find a shop along the route and you may find the route to be long. Keep your energy levels up and you must remember to stay hydrated.
- 2. Know who your travel steward is.** If you are traveling with your branch you will have an assigned travel steward. Make sure you know the pick-up and drop-off points for your travel plans.
- 3. Know the route of the march.** You can visit the new deal for working people website or the Napo website <https://www.napo.org.uk/NewDealForWorkingPeople>
- 4. Make sure you bring appropriate clothing and footwear for the weather conditions.** The British weather is always unpredictable so make sure to check the weather forecast before you leave. Light layers are best so you can add or remove layers as appropriate.
- 5. If you have a disability you can join the short march.** To make the march accessible to all you can join the short march details can be found by following the link <https://www.napo.org.uk/NewDealForWorkingPeople>
- 6. If you are travelling independently to the March.** Make sure to check the transport for London website for any travel restrictions on the day. www.tfl.gov.uk
- 7. Know the Napo meeting place.** The Napo contingent will be meeting at Victoria Embankment Gardens, Villers Street WC2 6NS between 10.30 and 11.00. Closest entrance to Embankment Tube Station.
- 8. If you arrive late.** If you aren't able to meet up with Napo colleagues before the march sets off don't worry – a good tip is to find a point along the route ahead of the march and to wait, then join the march when you see the Napo flags.
- 9. Stay on the main route of the march.** The march will be well marshalled by the TUC. To avoid getting lost it is important to stay on the main route of the march.
- 10. Make sure you have planned how you will be getting home.** It's important that you know how you will get back to your coach or have planned your route to your train station for your return journey home.